

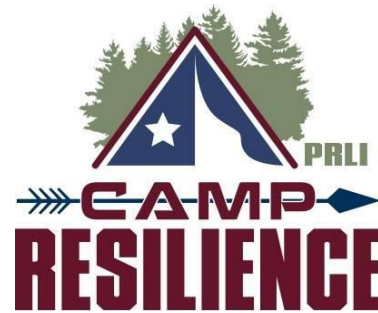


Retreat for Veterans with PTSD and Moral Injury

Are you struggling with Post Traumatic Stress Disorder (PTSD) and Moral Injury? If so, this Camp Resilience retreat may be just right for you. This session is designed to help veterans with PTSD and Moral Injury and will include workshops on topics like the diagnosis and neurobiology of PTSD; understanding and coping with Moral / Soul Injury, and atonement and forgiveness. Due to the sensitive nature of this topic attendees will self-disclose as is appropriate for them.

In addition to workshops, the retreat will also include exciting and challenging team-building activities at the New Hampshire Fire Academy and Escape Hour House and sports activities like hiking, yoga and water aerobics.

Lodging, meals and activities are all provided at no cost to the participants, but they must arrange their own transportation to/from Gilford, NH.



WHO: Veterans with PTSD

WHEN: Nov 13th–16th, 2017

WHERE: The Gunstock Inn
580 Cherry Valley Rd
Gilford, NH

APPLY: <http://prli.us/apply/>

For more information about Camp Resilience go to <http://prli.us> or www.facebook.com/CampResilience

Send questions to info@prli.us or call (978) 219-4003.