



## *Retreat for Spouses/Caretakers of Veterans*

*Have you ever felt that you or children have post-traumatic stress from your significant other, who is a proud and patriotic veteran with PTSD? Have you been a caretaker for a veteran with PTSD and would it be helpful to have a much needed respite from all you do? If so, this Camp Resilience retreat for spouses, significant others and caretakers is just for you.*

*In addition to workshops on how to better deal with veterans struggling with issues due to their military service, the retreat will also include sports activities like hiking, kayaking, the Aerial Treetop Adventures course at Gunstock Mountain resort, yoga, and water aerobics.*

*Lodging, meals and activities are all provided at no cost to the participants but they must arrange their own transportation to/from Gilford, NH.*



<b>WHO:</b>	Spouses & Caretakers of Veterans
<b>WHEN:</b>	July 10th – 13th, 2017
<b>WHERE:</b>	The Gunstock Inn 580 Cherry Valley Rd Gilford, NH
<b>APPLY:</b>	<a href="http://prli.us/apply/">http://prli.us/apply/</a>

For more information about  
Camp Resilience go to  
<http://prli.us> or  
[www.facebook.com/CampResilience](http://www.facebook.com/CampResilience)

Send questions to [info@prli.us](mailto:info@prli.us)  
or call (603) 520-3989.